# What tests are to be done and where to get them done?

You are not required to get tested for COVID-19 if you do not have any symptoms (Cough, fever or difficulty in breathing)



If you have any of the above symptoms and have travelled to any of the COVID-19 affected countries or you are a contact of a laboratory confirmed positive case then immediately call the State Helpline Number or Ministry of Health & Family Welfare, Government of India's 24x7 helpline i.e. 011-23978046 and

Toll Free No: 1075

The helpline desk will note down your contact details and contact you with the testing protocols of COVID-19.

If you qualify as a case for testing as per the protocol, you will be tested at a government approved lab only.



## Is there any treatment for Corona Virus Infection?

- As on date there is no specific treatment for Corona Virus infection.
- Treatment for Corona Virus infection consists of symptomatic treatment.
- Since it is a viral infection, so in more than 80% of the cases it recovers within few days.
- A small proportion may need admission in hospital/ICU if they are having symptoms of severe disease.



#### COVID-19

## Are there any specific medications available to treat Corona Virus infection?

- No, as of now there is no specific anti-viral medication available to treat the symptoms of the infection however majority of the people recover without any problem just like in any other viral illness.
- Some drugs which have been used for other Corona Virus infections are being tried in very sick patients.





## How can I protect myself and my family members?

### You can reduce your chances of being infected or spreading COVID-19 by taking some simple precautions:

Regularly and thoroughly clean your hands with an alcoholbased hand rub or wash them with soap and water after coming from outside or after visiting a patient with Corona Virus infection.

Maintain at least 1 meter (3 feet) distance between yourself and anyone who is coughing or sneezing. Avoid touching eyes, nose and mouth.

- Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and
- nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.
  - Stay home if you feel unwell. If you have a fever, cough and
- difficulty in breathing, seek medical attention.



